

14th Sunday in Ordinary Time of the Year

(Zechariah 9.9-10, Romans 8.9,11-13, Matthew 11.25-30)

Theme: Lay Your Burdens unto Jesus!

Beloved people of God; our Lord Jesus Christ with a heart full of love, mercy, and compassion is inviting us to come to Him with all our worries, burdens and problems. Jesus said, "Come to me all you that are weary and are carrying heavy burdens, and I will give you rest." (Mt. 11:29-30)

With this invitation from our Lord Jesus Christ, the Redeemer, He wants us to understand that as children of God we are not alone in whatever problems or challenges we are going through. As a compassionate and loving Father, He is concerned about our well being and welfare. Jesus wants us to share our problems with Him. As we gather in the name of God, to worship and offer our sacrifice to God, Jesus is here with us. He is also present in our Eucharistic sacrifice, in His Body and blood. Everyday He is here in the Blessed Sacrament waiting for us to come to Him and be blessed.

Any time we come into the church here, our Lord Jesus is waiting for us to tell Him what is happening in our lives. He wants us to tell Him those things that are making us cry all the time. He is ready to help us come out of those worries that prevent us from having a good sleep every night.

Beloved in Christ Jesus; let us not die in silence, let us open up to our Lord Jesus. He is ready and willing to heal our wounds and pains. Our Saviour is waiting for us to restore our happiness, joy and family peace again. Let us have faith in God and cry to Him through prayers and Eucharistic sacrifices. Let us not carry those burdens in our hearts home again, let us leave them with Jesus today and go with His blessings.